



*a prayer for all who are*

# GRIEVING

**Regardless what kind of loss you are facing, the following prayers will help you cling to God's sustaining grace as you process your grief**

## Grow my faith

**G**LORD, I know that You are near to the brokenhearted and save the crushed in Spirit. Let me feel Your presence now. Use these circumstances to strengthen and sustain my faith and to increase my dependence upon You. Soothe my anxieties and lift me out of the pit of despair, so I may affirm Your tender mercy as You graciously work all things together for Your glory and my good.

*Psalm 34:18 - Psalm 23:4 - Isaiah 41:10 - Philippians 4:6 - Psalm 40:2 - James 5:11 - Romans 8:28*

## Restore my joy

**R**Although weeping may last through the night, LORD, Your Word says a shout of joy will come in the morning. Please speed its return. Restore unto me the joy of Your salvation. Put a song in my heart that Your praise may be ever on my lips. Help me rejoice always, pray without ceasing, give thanks in all circumstances, and focus on things that are true, noble, right, pure, and lovely.

*Psalm 30:5 - Psalm 51:12 - Psalm 40:3 - Philippians 4:4 - 1 Thessalonians 5:16-18 - Philippians 4:8*

## Inform my decisions

**I**God, I need Your clear guidance and direction now more than ever. Please grant me the wisdom You've promised to give to all who ask for it. Instruct and teach me in the path I should follow. Order my steps, take delight in my way, uphold me with Your hand, and keep me from falling. Surround me with wise counselors, as well, and deliver me from foolish friends who would try to lead me astray.

*Psalm 25:5 - Prov. 3:5-6 - James 1:5 - Psalm 32:8 - Psalm 37:23-24 - Jude 1:24-25 - Prov. 13:20*

## Expand my ministry

**E**LORD, turn my focus outward that I might serve You by serving others. Let me share freely the comfort with which I have been comforted. As I boldly proclaim Your faithfulness through every trial, every struggle, every dark valley, let my words give hope and strength to those who need it most. Help me to encourage the disheartened, help the weak, and be patient with everyone.

*Philippians 2:3-4 - 1 Peter 4:10 - Psalm 89:1 - Hebrews 10:24-25 - 1 Thessalonians 5:13-14*

## Fuel my friendships

**F**LORD, thank You for being a Friend who sticks closer than a brother. Develop in me that same kind of loyalty and commitment to the friends You've placed in my life. As iron sharpens iron, let me sharpen my companions. Help me to choose my friends wisely and teach me to put their needs ahead of my own as I imitate the self-sacrificing love Jesus so beautifully models for us.

*Proverbs 18:24 - 1 John 3:16 - Proverbs 27:17 - 1 Cor. 15:33 - Ecc. 4:9 - John 15:13 - Phil. 2:5-8*